BARNET LONDON BOROUGH Children's Centres

NHS Whittington Health NHS Trust

Health Promotion Workshops

Silkstream Children's Centre, Edgware, HA8 0DA

All sessions 1:30pm - 2:45pm



Understanding your child: Ages & stages

Watch me grow, suitable from 10 to 18 months

When - 30th September



Introduction to Solids

Suitable from 4 - 6 months

When - 14th October

Toilet Training

Suitable from 18 months plus



When - 4th November

Sleep Management Routines

Suitable from 8 months plus



When - 18th November

Understanding your child: Ages & stages

Watch me grow, suitable from 18 months to school

When - 2nd December

To register your interest either -

E-mail: silkstreamcc@barnet.gov.uk

Call: 020 8905 7605